

# Short Biography

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## BIOGRAPHY

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### **Name & Institute**

Mirjam Steenstra, researcher  
Institute of Health Studies, bachelor course Nutrition and Dietetics  
Research Group Occupation & Health  
Faculty of Health and Social Studies  
HAN University of Applied Sciences  
Nijmegen, The Netherlands



### **Short biography**

Mirjam Steenstra is dietitian and has a master's degree in Health Education and Promotion. She is lecturer at the department of Nutrition and Dietetics. In her work as researcher she focusses on the role of dietitians in health promotion and education on the working floor.