

Invited Speaker Abstract

Author

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Title

Breaking Professional Boundaries - a way to reach further without breaking

1. Abstract

I graduated as a dietitian in 1987 and worked clinically for about a year before slipping into research. During the following 30 years I worked with various professional groups both in research, teaching at university and in EFAD. In my EFAD European Dietetic Fellowship Award lecture, I will focus on some of the things I've done and learnt over the years.

2. key messages

The importance of working together to reach goals
The importance of work-life balance
The importance of having fun 😊