

Short Biography

BIOGRAPHY

Name & Institute

Elizabeth Velema, Department of Health Sciences, Vrije Universiteit, Amsterdam

Biography

Elizabeth Velema is a health scientist interested in health behaviour, specifically food choice behaviour.

During her PhD she conducted an RCT in 30 worksite cafeterias to evaluate the effect of nudging strategies on food choice. Liesbeth currently works at the Netherlands Nutrition Centre as project manager of 'Healthy eating environment'.