

# Short Biography

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**BIOGRAPHY**

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Name & Institute

Luis Matos – Local Health Unit of Guarda, Portugal

Short biography

Academic:

BSc in Nutritional Sciences (since 2004)

MSc in Clinical Nutrition (since 2007)

ESPEN Diploma in Clinical Nutrition and Metabolism (since 2015)

Professional Experience:

Director of the Nutrition Service at Local Health Unit of Guarda (since 2019)

Nutritionist / Dietitian in Primary Care Centers (2008-2018)

Teacher of ESPEN LLL Programme (since 2010)