

Short Biography

BIOGRAPHY

Name & Institute

LOPEZ-GRUESO, RAUL^{1,2}

1 FACULTY OF HEALTH SCIENCES, ISABEL I UNIVERSITY, BURGOS, SPAIN

2 GE-NUDAFD (Spanish Academy of Nutrition and Dietetics)

Biography

Since I studied my both BSc in Sports Science and Dietetics & Nutrition, and training/competing, I was very interested in Physiology (and I reached my PhD). Thenceforth I am a researcher, consultant and teacher about that fields (Nutrition, Exercise, Aging and Health) collaborating with people, athletes, Universities and institutions.