

Invited Speaker Abstract

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Title

Strategies to promote involvement of evidence-based practice throughout the membership
How to collect outcome data dependent on your stakeholder

Abstract

This presentation will take two parts.

The first part with focus on evidenced-based practice and the profession. The BDA uses many strategies to promote awareness and involvement of evidenced-based practice. To promote awareness, the BDA has many different communication platforms which include monthly eNewsletters as well as our Dietetics Today magazine. In order to increase involvement in evidenced-based practice, we have created a network of volunteers as well as a 'buddy' system to support new members to get involved. All members are encouraged to share and promote their research during our yearly Research Symposium.

The second part will focus on the BDA outcome project. Last year we presented at EFAD on the tools that specialist groups of the BDA have been working on. Over the last 12 months, we have set up a BDA outcome working group to focus on a strategy to support all members of the BDA in collecting outcome data. This included a scoping exercise which involved two surveys to research what outcome tools members are currently using. After reviewing these, we recognised a vast variation of tools being used. The variation made it difficult to recommend any specific tools. The working group felt that it would be more beneficial to members to create a framework for outcome collection in-place of recommending specific tools. The presentation will provide an insight into the BDA outcome framework. We will also share the ongoing outcome projects Allied Health Professions (APS) are working on nationally.

Key references

World Health Organisation (1998) Health Promotion Glossary. Accessed at:
<http://www.who.int/healthpromotion/about/HPR%20Glossary%201998.pdf>

BDA 2006 (updated 2012) Model and Process for Nutrition and Dietetic Practice. Accessed at:
<https://www.bda.uk.com/professional/practice/process>

Department of Health (2014). The NHS Outcomes Framework 2015/16. Accessed at:
https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/385749/NHS_Outcomes_Framework.pdf

Key messages

- Provide strategies to encourage dietitians to increase their involvement in evidenced-based practice
- Recognition of the different outcome data being collected
- Highlight the types of data collection that may be useful for certain stakeholders