

Short Biography

Please send us a short Biography that can be used by the chairman to introduce you.

BIOGRAPHY

Name & Institute

Ellen Govers

ESDN Obesity

Dutch Knowledge Centre for Dietitians Specialised in Obesity

Short biography

Ellen is co-chair of the ESDN Obesity. She has over 40 years' experience in primary care. She specialised in obesity and its comorbidities. She wrote several scientific articles on insulin resistance, as well as popular books about nutrition and overweight. She conducts research in obesity management by dietitians.