

# Short Biography

---

**BIOGRAPHY**

---

**Name & Institute**

Dr Margaret Ashwell OBE, DSc, PhD, FAFN, RNutr(Public Health)

Ashwell Associates, Ashwell, UK

**Biography**

Margaret is the President/ Chair of the Association for Nutrition in UK.

She has been a Research Scientist with the Medical Research Council, Principal of the Good Housekeeping Institute, Science Director of the British Nutrition Foundation and, for nearly 25 years, Director of Ashwell Associates, a nutrition science consultancy.