

## Abstract

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### Title of Presentation

The European Dietetic Action Plan (EuDAP) – the latest findings for 2017/2018

#### **1. Abstract**

The European Dietetic Action Plan (EuDAP) was adopted by the 26th EFAD General Meeting, October 2015. The EuDAP is a commitment by European dietitians to take actions that will achieve better nutrition and sustainable health, through pro-active engagement with Health 2020 and the European Food and Nutrition Action Plan (FNAP) 2015-2020. The purpose of the EuDAP survey is to catalogue dietetic activities / initiatives for use by EFAD and their members. EFAD wants National Dietetic Associations (NDAs) to proudly talk about and circulate the EuDAP to all key stakeholders at their national level, e.g. Ministers of Health. We want Ministers of Health, governments and others to recognise how dietitians are making a difference to nutritional health in Europe. This will raise the profile of dietitians and their recognition locally, nationally and at European level. EUDAP will help EFAD to build an evidence-based portfolio about dietetic actions and achievements in Europe, which can be used as an inspiration for NDAs around Europe and information to employers, politicians, and governments.

This presentation will provide dietitians with the latest findings from this year's survey.

#### **2. Key references**

Van Ginkel-Res A, Cushen SJ, Liddell J, de Looy A. A Concise Overview of the European Dietetic Action Plan; A Commitment by the European Federation of Association of Dietitians to Take Actions that will Improve Health for All Through Sustainable Food and Nutrition. *Annals of Nutrition & Metabolism*. 2018;72(1):66-7.

#### **3. Key messages**

- Dietitians have a responsibility as a profession to support the improvement of nutritional health of the people of Europe through an evidence-based approach.
- EFAD has a supportive and empowering role to play in the successful achievement of EuDAP and the promotion of NDAs, dietetics and dietitians.