
BIOGRAPHY

Name & Affiliation

Arnt Richard Steffensen, The Norwegian Diet and Nutrition Association

Biography

As trained chef, he has worked with food service for over 20 years. Norwegian champion for food service chefs in 2005. Chef at the Norwegian opera house 2008 – 2011. President of the Norwegian Diet and Nutrition Association since 2013. Author of three huge books about whisky, cognac and aquavit.