
BIOGRAPHY

Name & Institute

Mary Nicolaou, Department of Public Health, Amsterdam UMC, location AMC, the Netherlands

Biography

Dr. Mary Nicolaou has a background in dietetics. Her research focuses on understanding factors underlying dietary behaviour, including social inequalities and ethnicity. Current projects include the HELIUS study, a study of ethnic differences in diet and the MoodFOOD study, a European funded study into the role of diet in depression.