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**BIOGRAPHY**

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**Name & Affiliation**

Dr Hilda Mulrooney, ESDN (Obesity), Obesity Group of the British Dietetic Association & Kingston University, London.

**Biography**

Hilda is a nutritionist and dietitian with clinical and public health experience of weight management. She is an active committee member of the Obesity Group of the British Dietetic Association and ESDN (Obesity). She currently works in higher education (nutrition) and postgraduate training (communication skills).