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Title of Presentation

Unproven cancer diets

Abstract

Oncology patients often follow unproven cancer diets. This presentation intends to sum up the existing evidence for commonly followed "cancer diets". Particular focus will be on Ketogenic Diets but other common diets will be discussed. Finally tools will be provided as to how dietitians can positively deal with questions from patients about "unproven cancer diets"

Key references

- Maschke, J. Kruk, U. Kastrati, K., Kleeberg, J., Buchholz, D., Erickson, N., Hübner, J. Nutritional care of cancer patients: a survey on patients' needs and medical care in reality. J Int. Oncol. 02.02.2016.
- Erickson N, Boscheri A, Linke B, Huebner J. Systematic review: isocaloric ketogenic dietary regimes for cancer patients. Med Oncol 34:72. 2017

Key messages

Unproven cancer diets are prevalent among cancer patients
With positive communication skills and knowledge as to existing evidence, counselling patients on the subject will become more effective